

**Asian Inspired Spiralized Salad**  
Chef Loritta Scott and Chef Jerri Griffin  
[AmbientPersonalChef.com](http://AmbientPersonalChef.com)

**Ingredients**

3 tablespoons lime juice

1 tablespoon fish sauce

4 teaspoons light brown sugar

2 teaspoons peanut oil

2 scallions, sliced

1 small clove garlic, minced

¼ teaspoon crushed red pepper

1 large English cucumber, spiralized and patted dry (4 cups)

1 large carrot, spiralized (3 cups)

¼ cup chopped fresh cilantro

2 tablespoons chopped unsalted peanuts

**Preparation**

1. Whisk lime juice, fish sauce, brown sugar, oil, scallions, garlic and crushed red pepper in a large bowl until the sugar is dissolved.
2. Add cucumber, carrot and cilantro; toss to combine.
3. Serve sprinkled with peanuts.