

# My Intentions

The act of setting intentions is important--whether it's before going into the grocery store, enrolling in school, or even starting your day. In order for us to be successful during #OWNyourOWN and beyond, we need to determine what success looks like for you, and THAT'S what we're doing today.

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*My intention for my day (or tomorrow) is:*

*My intention for this program is:*

*My intention for my business is:*

*My intention for my daily life is:*