

Rainbow Veggie Wraps

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Ingredients

4 (8 inch) multigrain tortillas or wraps

1 cup prepared hummus

2 ounces thinly sliced Cheddar cheese

1 cup sliced red bell pepper

1 cup thinly shredded red cabbage

1 cup julienned carrots

Favorite Salad dressing for serving

Preparation

1. Spread each tortilla with $\frac{1}{4}$ cup hummus.
2. Top each with one-fourth of the Cheddar, bell pepper, cabbage and carrots.
3. Roll up each wrap.
4. Slice the wraps into 1-inch rounds.
5. Serve with dressing for dipping, if desired.